



# STÉRIMAR™

## STÉRIMAR™ Baby

### Nasal Hygiene

#### SCHEDULING STATUS

Not Scheduled

#### PROPRIETARY NAME AND DOSAGE FORM

**STÉRIMAR™** (Nasal Spray Solution)

**STÉRIMAR™ baby** (Nasal Spray Solution)

#### COMPOSITION

**STÉRIMAR™** and **STÉRIMAR™ baby** are filtered isotonic sea water solutions free from preservatives. They contain marine trace elements : zinc, copper, manganese and iron. Every 100ml contains:

Sea water: 31,82 ml

Purified water: 68,18 ml

#### PHARMACOLOGICAL CLASSIFICATION

16.5 Other (Sea Water)

#### PHARMACOLOGICAL ACTION

**STÉRIMAR™** and **STÉRIMAR™ baby** owing to its microdiffusion spray of fine droplets increase the contact of the seawater solution with the mucosa, allow effective washout of the nasal fossae and allow comfortable breathing.

#### INDICATIONS

**STÉRIMAR™** is recommended for children and adults to gently moisturise and cleanse the nasal passages to aid natural breathing.

**STÉRIMAR™ baby** is recommended for cleansing the baby's nose on a daily basis:

- clears mucous from baby's nose to help with breathing and bottle feeding;
- with its microfine spray, **STÉRIMAR™ baby** ensures gentle nasal rinsing and cleansing.

#### CONTRAINDICATIONS

Hypersensitivity to any of the ingredients of **STÉRIMAR™** and **STÉRIMAR™ baby**.

#### WARNINGS and SPECIAL PRECAUTIONS

None.

#### INTERACTIONS

There are no known interactions with other medicines.

#### PREGNANCY AND LACTATION

Safety in pregnancy and lactation has not been established.

#### DOSAGE AND DIRECTIONS FOR USE

**STÉRIMAR™ for children and adults**

The spray should be primed by briefly pressing the nozzle.

- 1 Insert the nozzle into the nostril.
2. Press the nozzle briefly – let any excess solution run out of the nose – then blow/wipe the nose.
- 3 Repeat the operation in the other nostril.
4. Clean the nozzle with soapy water, rinse and dry.

#### STÉRIMAR™ baby

The spray should be primed by briefly pressing the nozzle.

Lay the baby on his/her side or sit up with baby's head tilted to one side.

1. Insert the nozzle into the nostril.
2. Press the nozzle briefly – let any excess solution run out of the nose– then wipe the nose.
3. Repeat the operation in the other nostril.
4. Clean the nozzle with soapy water, rinse and dry.

**Use 2 to 6 times a day or more if required, in each nostril.**

#### SIDE EFFECTS

There are no known side effects associated with the use of **STÉRIMAR™** and **STÉRIMAR™ baby**.

#### KNOWN SYMPTOMS OF OVERDOSE AND PARTICULARS OF ITS TREATMENT

There are no known symptoms of overdose. Treatment should be symptomatic and supportive.

#### IDENTIFICATION

Colourless solution.

#### PRESENTATION

Pressurised container with inert gas (nitrogen).

**STÉRIMAR™** is available in 50 ml and 100 ml aluminium containers. **STÉRIMAR™ Baby** is available in 50 ml aluminium containers.

#### STORAGE INSTRUCTIONS

Pressurised container. Protect from sunlight. Store at or below 25°C.

Do not pierce or burn, even after use. Do not use after the expiry date stated on the label and carton.

**Keep out of reach and sight of children.**

#### NAME AND ADDRESS OF APPLICANT

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#### MARKETED BY

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<sup>1</sup> Company registration number: 1995/001589/07

<sup>2</sup> Company registration number: 2008/008787/07



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